



Quesadillas \$9.00

Large flour tortilla folded, filled with your choice of meat, melted cheese, topped with sour cream and cotija cheese and salad

CHOICE OF MEAT:

Cecina/ Salted beef • Pollo/ Chicken
Enchilada/ Spicy pork • Carnitas/ Fried pork
• Chorizo/ Mexican sausage • Camaron/Shrimp \$10.00

Nachos \$9.00

Crispy corn tortilla, spread w/refried beans, melted Oaxaca cheese, topped with lettuce, pico de gallo, jalapeño, cream, Cotija Cheese,

CHOICE OF MEAT:

Cecina/ Salted beef • Pollo/ Chicken
Enchilada/ Spicy pork • Carnitas/ Fried pork
• Chorizo/ Mexican sausage



NACHOS CAMPECHANOS \$10.00
Bistec y chorizo / Steak and mexican sausage

NACHOS TEXANOS \$10.00
Bistec, American cheese /Steak and american cheese

NACHOS SUPREMOS \$10.00
Bistec, pollo y chorizo /
Steak, chicken and mexican sausage

HEALTHY NACHOS \$10.00
Camaron, pollo, espinaca, tomate, aguacate y pepino
Shrimp, chicken, spinach, tomato, avocado and cucumber



Over Rice \$10.00

Served with rice, salad and your choice of meat sauteed with onion and bell peppers

BISTEC / Steak **POLLO/** Chicken
CARNITAS / Fried Pork **CECINA /** Salted beef
CHORIZO Y HUEVO/ Mexican sausage
ENCHILADA / Spicy pork



Add 3 fried eggs \$2.25
Add 5 Shrimps \$3.00 • Add Avocado \$2.50

Vegetables Juices

- 1.- CARROT, ORANGE/ Zanahoria y naranja
- 2.- CARROT, ORANGE, APPLE/ Zanahoria, naranja y manzana LG. 24oz \$6.00
- 3.- CARROT, BEET, APPLE/ Zanahoria, remolacha y manzana XL. 32oz \$8.00
- 4.- CARROT, BEET, CELERY/ Zanahoria, remolacha y apio
- 5.- CARROT, CUCUMBER, PARSLEY/ Zanahoria, pepino y perejil
- 6.- CARROT, APPLE, GINGER/ Zanahoria, manzana y ginger
- 7.- CARROT, BROCCOLI, SPINACH/ Zanahoria, brocoli y espinaca
- 8.- BEET, APPLE, ORANGE/ Remolacha, manzana y naranja
- 9.- ALFALFA, ORANGE, PINEAPPLE/Alfalfa, naranja y piña
- 10.- ALOE VERA, APPLE, CARROT/Sabila, manzana y zanahoria
- 11.- MIXED VEGETABLES Vegetales mixtos
- 12.- KALE, SPINACH, GREEN APPLE, LEMON, GINGER, CELERY
Col Risada, espinaca, manzana verde, limon, ginger y apio
- 13.- KALE, BEETS, APPLE, PINEAPPLE/ Col Rizada, remolacha, manzana, piña
- 14.- KALE, APPLE, BEET, GINGER, GARLIC/ Col Rizada, manzana, remolacha, ginger, Ajo
- 15.- KALE, CELERY, BEET, GINGER/ Col Rizada, apio, remolacha, ginger
- 16.- ASPARAGUS, CELERY, SPINACH, ALOE VERA/ Esparragos, apio, espinaca, Sabila
- 17.- ARUGULA, WATERCRESS, CUCUMBER, ALFALFA/ Arugula, berro, pepino, alfalfa
- 18.- ARUGULA, CARROT, LEMON, GINGER/ Arugula, zanahoria, limon, ginger
- 19.- CACTUS, CUCUMBER, PARSLEY/ Nopal, pepino, perejil
- 20.- CACTUS, BROCCOLI, CARROT/ Nopal, brocoli, zanahoria
- 21.- MINT, APPLE, CARROT/ Menta, manzana, zanahoria
- 22.- MINT, PARSLEY, CUCUMBER/ Menta, perejil, pepino



Fruit Juices

- 1.- ORANGE Naranja
- 2.- GRAPEFRUIT Toronja
- 3.- ORANGE & APPLE / Naranja y manzana
- 4.- PINEAPPLE & GRAPEFRUIT/ Piña y toronja
- 5.- WATERMELON & PINEAPPLE/ Sandia y piña
- 6.- ORANGE, STRAWBERRY, BANANA/ Naranja, fresa y banana
- 7.- PAPAYA, ORANGE & MANGO/ Papaya, naranja y mango
- 8.- PAPAYA, APPLE & PEAR/ Papaya, manzana y pera
- 9.- ORANGE, COCONUT, PINEAPPLE & BANANA/ Naranja, coco, piña y banana
- 10.- MANGO, BANANA & PINEAPPLE Mango, banana y piña
- 11.- BANANA, ORANGE & SPINACH Banana, naranja y espinaca
- 12.- ORANGE, APPLE & MANGO Naranja, manzana y mango
- 13.- CACTUS, ORANGE & PINEAPPLE Nopal, naranja y piña



Smoothies

- 1.- STRAWBERRY Fresa
- 2.- BLUEBERRY Mora Azul
- 3.- RASPBERRY Frambuesa
- 4.- BANANA Platano
- 5.- WATERMELON Sandia
- 6.- PAPAYA Papaya
- 7.- MANGO Mango
- 8.- PINEAPPLE Piña
- 9.- HONEYDEW Melon Verde
- 10.- CANTALOUPE Melón
- 11.- KIWI Kiwi
- 12.- VANILLA Vainilla
- 13.- GREEN TEA Te verde
- 14.- AVOCADO, GREEN TEA / Aguacate, Te Verde
- 15.- MANGO, GREEN TEA / Mango, Te Verde
- 16.- MINT, KIWI, PINEAPPLE / Menta, kiwi, piña
- 17.- STRAWBERRY, LEMONADE/ Limonada de Fresa
- 18.- RASPBERRY, LEMONADE/ Limonada de Frambuesa
- 19.- LEMONADE / Limonada \$4.00
- 20.- LEMON ICED TEA \$4.00



24 OZ \$5.00
YOUR CHOICE OF MILK, SOY MILK
ALMOND MILK OR WATER

SIGNS & PRINTING 347.813.4164



We Deliver
Minimum \$12.00

TEL: 718.424.0107
646.377.7295

8003 BROADWAY, ELMHURST NY 11373

Place your order: elmhurstdeli@gmail.com

Breakfast Special Wrap \$6.00

CHOICE of Wraps: Spinach, Whole Wheat, Plain, Tomato, black bean, Habanero



- 1. MORNING WRAP**
2 fried eggs, ham, melted cheddar cheese, caramelized onion, tomato & avocado
- 2. FIESTA WRAP**
2 over easy eggs, sausage, melted mozzarella cheese, spinach, caramelized onions & tomato.
- 3. SPINACH HEALTHY WRAP**
2 egg whites, turkey, spinach, avocado, melted swiss cheese, tomato.
- 5. STEAK CHIPOTLE WRAP**
2 scramble eggs, steak, chipotle sauce, melted mozzarella cheese, caramelized onions and tomato
- 6. SPANISH WRAP**
2 scrambled eggs, bacon, mozzarella cheese, caramelized onions, peppers.
- 7. SPICY WRAP**
2 fried eggs, mexican sausage, jalapeño, avocado, melted cheddar cheese, spinach and caramelized onion.
- 8. BBQ EGG WRAP**
2 scrambled eggs, chicken, bbq sauce, mushrooms, caramelized onion and bell peppers.
- 9. PEANUT BUTTER WRAP**
2 fried eggs, bacon, melted mozzarella cheese, spinach, tomato and butter
- 10. WESTERN WRAP**
2 scrambled eggs, ham, american cheese, caramelized onions & peppers
- 11. AVOCADO EGG WRAP**
Egg whites, avocado, home fries, melted mozzarella cheese caramelized onion and pepper
- 12. TASTE EGG WRAP**
2 scrambled eggs, home fries, melted cheddar cheese, spinach, tomato, caramelized onions and peppers

Hero or Wrap Sandwiches \$8.00

CHOICE of Wraps: Spinach, Whole Wheat, Plain, Tomato, black bean, Habanero

- 1. ITALIAN**
Ham, Salami, Lettuce, Tomato, Onion, Mayo, Mozzarella Cheese
- 2. AVOCADO VEGGIE**
Grilled Vegetables, Onions, Peppers, Mushrooms, Spinach, Swiss Cheese, and Avocado
- 3. HEALTHY SANDWICH**
Turkey, spinach, avocado, tomatoes, swiss cheese and mustard
- 4. SPICY TUNA SALAD**
Avocado, Lettuce, Tomatoes, Cucumber
- 5. PHILLY CHEESE STEAK**
Seasoned Steak Sauted with onions, peppers and american cheese
- 6. CHIPOTLE**
Bacon, Grilled Chicken, Chipotle Sauce, Mayo, white Cheese, Onions, Lettuce, and Tomatoes
- 7. SUPER COMBO**
Chicken, Culet, Bacon, BBQ Sauce, Mozzarella Cheese, Lettuce, Tomatoes and Mayo
- 8. PULLED PORK**
BBQ Pork, Melted Mozzarella Cheese, Lettuce, Cucumber, and Tomatoes
- 9. TURKEY CLUB**
Turkey, Bacon, Lettuce, Tomatoes, Mozzarella, Mayo, Olive Oil, Vinegar
- 10. HONEY MUSTARD CHICKEN**
Grilled chicken, melted mozzarella cheese, caramelized onions, spinach, avocado, tomato and honey mustard.
- 11. ROASTED BEEF ROASTED BEEF**
Mozarella cheese, lettuce, tomato, red onion, olive oil and balsamic vinegar



House Salads \$9.00

- 1. BALSAMIC SHRIMP SALAD**
Shrimps, spinach, lettuce, carrots, cucumber and tomato topped with balsamic vinaigrette.
- 2. SHRIMP RANCH SALAD**
Shrimps, kale, spinach, cucumber, tomato, croutons, red onion topped with ranch dressing.
- 3. SHRIMP AVOCADO SALAD**
Shrimps, avocado, lettuce, tomato, red onion, black olives, broccoli with olive oil and vinaigrette.
- 4. GRILLED CHICKEN AVOCADO SALAD**
Grilled chicken, avocado, lettuce, carrot, cucumber, tomato and red onion.
- 5. HONEY MUSTARD GRILLED CHICKEN SALAD**
Grilled chicken, avocado, spinach, lettuce, tomato, mozzarella cheese topped with honey mustard.
- 6. BEET GRILLED CHICKEN SALAD**
Grilled chicken, avocado, spinach, lettuce, tomato, carrots and cucumber.
- 7. FRENCH STEAK SALAD**
Steak, lettuce, spinach, tomato, red onion, carrot, croutons topped with french dressing.
- 8. STEAK ASPARRAGUS SALAD**
Steak, avocado, lettuce, asparagus, cucumber, tomato and red onion.
- 10. TUNA SPINACH SALAD**
Tuna, spinach, cucumber, tomato, red onion and avocado.
- 11. HEALTHY SALAD**
Turkey, spinach, avocado, tomato, cucumber, red onion, olive oil and vinegar



CHOICE OF DRESSING:
Italian, Ranch, Balsamic, French, Caesar, Blue Cheese Olive Oil & Vinegar

Hamburger Combos \$7.95



BACON CHEESE BURGER

Served with French fries and can of soda

MOZARELLA CHEESE BURGER

Served with French fries and can of soda



CHIPOTLE BACON CHEESE BURGER

Served with French fries and can of soda

Burritos \$9.00

Flour Tortilla rolled up, filed w/rice, beans, your choice of meat, cheese, topped w/sour cream and cotija cheese

- CECINA** Salted beef
- ENCHILADA** Spicy pork
- CARNITAS FRIED** pork
- CHORIZO** Mexican sausage
- BISTEC STEAK**
- POLLO** Chicken
- SUPREMO** Steak, chicken and mexican sausage ... \$10.00



Tortas & Cemitas \$7.00

Mexican Sandwich w/ refried beans, oaxaca cheese, your favorite meat, lettuce, tomatoes, onion, chipotle, mayonnaise, avocado and Choice of

- MILANESA DE POLLO** Breaded Chicken
- POLLO ASADO** Grilled Chicken
- ENCHILADA** Spicy Pork
- CECINA** Salted Beef
- QUESILLO** Mexican cheese
- AL PASTOR** Roasted Pork
- JAMON** Ham
- CAMARON** Shrimp \$10
- CUBANA** Mixed pork, ham, sausage & egg \$10
- SUPREMA:** Steak, chicken and mexican sausage \$10



Grilled Panini \$9.00

- 1. TURKEY PEPPER**
Grilled Turkey, melted cheddar cheese, mayo, grilled onions, lettuce, tomato and cucumbers
- 2. GRILLED CHICKEN**
Grilled Chicken, melted mozzarella cheese, grilled onions, spinach, lettuce, tomato and cucumbers
- 3. GRILLED CHEESE MUSHROOM**
Melted mozzarella cheese, grilled mushrooms, grilled onions, lettuce, tomato and cucumbers
- 4. TURKEY AVOCADO**
Grilled Turkey, avocado, melted cheddar cheese, grilled onions, jalapenos, spinachs, lettuce, tomato and cucumbers
- 5. SPICY CHICKEN**
breaded Chicken, melted cheddar cheese, grilled onions, lettuce, tomatoes and cucumbers
- 5. MORNING PANINI**
Three fried eggs, melted mozzarella cheese, grilled onions, ham, avocado and tomato

